INCOMING TOUR OPERATOR
IN SIBERIA

SIBIRIA
SAYAN RING
САЯНСКОЕ КОЛЬЦО

Ethno tour The Pearls of Tuva

Day 1. Meeting in Tuva

The tourists' arrival, meeting at the airport or bus terminal of Kyzyl between 09:00 and 16:00.



There are direct flights from Novosibirsk, Krasnoyarsk and Irkutsk / you can take flight Moscow-Abakan and then shared taxi Abakan-Kyzyl (400 km).

Transfer to the yurt camp Biy-Khem.

Free time, rest, those who wish can walk through the outskirts and go up the nearest hill to watch the whole Biy-Khem valley. Evening bonfire.

- Accommodation at the yurt camp Biy-Khem
- Lunch and dinner at the yurt camp
- KM 25 km by bus
- * Breakfast is provided for extra charge

Day 2. Geographical center of Asia

The place of this day is Kyzyl, the capital of Tuva. This city is situated in the place where the Biy-Khem (the Big Yenisei) and the Kaa-Khem (the Small Yenisei) unite their waters and give a life to the great river Yenisei. The first sight to visit here is the Geographical Centre of Asia.



The next place of visiting is the Buddhist temple and Drum of Wishes.

The group will visit the National Museum of Tuva (world-famous exhibition Scythian gold) and see unique archaeological finds of different epochs.

Visit local handicraftsmen.

Free time in Kyzyl, visit a local market. Departure to a healing mineral spring.

Dinner with traditional dishes of Tuvan cuisine including meat and dairy products will be cooked specially for the guests on returning back to the yurt camp.

Accommodation at the yurt camp Biy-Khem

Breakfast and dinner at the yurt camp, lunch in a restaurant

KM 70 km by bus

Day 3. Following the old nomads' way

Nowadays the tourists can follow exactly the same path that ancient nomads followed crossing Tuva from the east to the west. Here you can meet places which are considered to be energetically powerful. Before lunch there is a stop near a breathtaking mountain Khairykan - one of the most respected places in Tuva. In 1992 it was chosen by the 14th Dalai Lama to be an energetically powerful place. Once a year local shamans come here to get energy, strengthen and purify their spirits.



Picnic is organized right on the grass.

On the way tourists will see the center of Buddhist culture, a ruined temple Ustuu-Khuree. The temple was the crowning of Buddhist construction in Tuva. And it was unique not only in Tuva, but also in the former Soviet Union. In 1930, after the adoption of a special resolution

Ustuu-Khuree was closed, and in 1937 - destroyed. In 1999, the Russian government, recognizing the historic and architectural value of the unique temple Ustuu-Khuree, decided to restore it. In June 2012 the new temple was officially re-opened.

In the evening arrival to the yurt camp Sai-Khonash.

Accommodation in local yurts for 2-3 persons. The camp is located in a very beautiful place, surrounded by mountains, nearby there are many nomads sites. Conditions are close to the real Tuvan yurts. Please note that the yurt camp offers visitors a minimum comfort: a wooden toilet and washing facilities outside yurts, there is no summer shower, but there is a Russian wooden banya, also a separate kitchen in a yurt. The yurt camp is an excellent opportunity to get acquainted with the real life of the Tuvan nomads. All activities there carry the cognitive character.

Accommodation at the yurt camp Sai-Khonash

Breakfast and dinner at the yurt camp, packed lunch

360 km by bus, incl. 30 km unpaved road

Day 4. Diving into a real nomads' life

Today tourists will dive into the life of nomads. You will find their daily lives; learn how to cook their daily main dishes: lamb meat, cheese, vodka araka.



Master class on cooking Tuvan cheese, firstly a nomad will show you how to cook, then you can try on your own.

Before lunch a master class on butchering sheep will be held. Lamb is the main dish on the Tuvan table.

For dinner try to cook the local milk vodka Araka.

Accommodation at the yurt camp Sai-Khonash

Breakfast, lunch and dinner at the yurt camp

Day 5. Faithful companions of every breeder

After breakfast, accompanied by guides, we offer you horse riding around the neighbourhood, into the forest, to the mineral springs arzhaans, to nomads sites, uphill. Snack on the way.



Returning to the camp for dinner. You will be able to visit banya.

Accommodation at the yurt camp Sai-Khonash

Breakfast and dinner at the yurt camp, packed lunch

20 km ahorse

Day 6. Throat singing art

Departure back to Kyzyl.



Stop at Syyn-Churek mount (Maral's heart). Climbing to the top of the mount.

Return back to the yurt camp Biy-Khem.

After dinner – the performance of traditional throat singing – khoomei. It's a fantastical capability of the Tuva people (and some other Middle-Eastern nationalities) to emit simultaneously two or three sounds of different tone and to sustain the same sound for 25-30 seconds without taking a breath. If you close your eyes it is hard to believe that the sounds are emitted by a person and not by a musical instrument.

Accommodation at the yurt camp Biy-Khem

Breakfast and dinner at the yurt camp, packed lunch

380 km by bus, incl. 30 km unpaved road

Day 7. Shamanism of Tuva

After breakfast departure to the salt lake Svatikovo (Dus-Khol). Lake is known as therapeutic. Swimming and mud bathing. Each tourist could tell that healing properties of the lake is higher than ones of the Dead Sea in Israel. With the help of mud some diseases of the joints, digestive apparatus, of peripheral and central nervous system, also skin and gynecological diseases can be cured.



Return back to the yurt camp Biy-Khem.

To make the guests' life as clear as the milk, to let spirits of heaven and earth help to the successful resolution of all deals, to make the travel trouble free, we invite you to a Tuvan tea ceremony. During the ceremony you will hear a story about cooking national Tuvan tea with milk and salt, you will learn about the history of tea in Tuva, about tea legends and parables. You'll feel the taste of the rich culture, feel the wonderful land of steppes and open spaces of Tuva.

After the sunset shamans kamlaniye mystic performance. Kamlaniye is a magical communication between shamans and spirits. During this ritual the shamans dance around the fire, sing and beat a drum. Kamlaniye will leave a long lasting impression, nobody remains indifferent after this ritual. There the shamans will tell you about their traditions, rituals and abilities. After that you will get an opportunity to ask them about your future, your health and experience the ritual of purification*.

Accommodation at the yurt camp Biy-Khem

Breakfast and dinner at the yurt camp, packed lunch

150 km by bus

Not included

Day 8. Departure

Transfer from the yurt camp to the airport of bus terminal of Kyzyl.



Departure from Kyzyl by flight or to Abakan by shared taxi*.

- Breakfast at the yurt camp
- KM 25 km by bus
- * Air tickets or taxi to Abakan are not included