INCOMING TOUR OPERATOR
IN SIBERIA

SIBIRIA
SAYAN RING
САЯНСКОЕ КОЛЬЦО

Active excursion tour Sayan Expanses

Day 1. Meeting Siberia

Your acquaintance with Siberia begins in **Krasnoyarsk.**



Gathering at the lobby of the Krasnoyarsk Hotel (+4 time difference with Moscow).

The day begins with Krasnoyarsk city tour. You will visit the most interesting places of the city.

One of them is **Karaulnaya hill** where the **chapel** is situated. The Cossacks who founded the city built a watch tower there in the beginning of the 17th century. The stone chapel appeared in 1865. In the 21st century a cannon was installed near the chapel which shoots every midday. One can enjoy a fascinating view of the city, the Yenisei river and the nature reserve “Stolby”.

Lunch at the cafe.

After lunch departure by car to the Stolby Nature Reserve.

Upon arrival accommodation in Nareum hotel complex in comfortable rooms.

Then you will make a hiking trip with an experienced guide around the central group of rocks (about 3 km). While walking our ranger will tell you the story of the national park, The bravest tourists can try to climb one of the rocks. During the excursion you will hear a lot of interesting legends and stories. Almost every rock is unique and has its own name – Grandfather, the First rock, Feathers, Takmak, Elephant, Lion’s gate, Manskaya Baba, Vultures, Fortress and many others.

Dinner, rest, walking in the evening forest, enjoying the silence and the sunset from the height of the legendary rocks.

- Accommodation in hotel rooms of the Stolby Nature Reserve (double)
- Lunch at a city cafe, dinner at the reserve
- 20 km by car, 3 km on foot
- Breakfast is not provided

Day 2. Stolby



The next day you will go to the territory called **Wild Stolby**, where usual people cannot get. You will see a Mana group of rocks: Manskaya Wall, Manskaya baba, Twins etc. The rock Manskaya Wall is the most interesting and difficult to climb on. There is a big rocky complex The Fortress with several tops, and a rock The Vultures with a famous stolbist's hut. The rocks of Wild Stolby are covered with moss, lichen, trees and bushes. There is no any sign of human presence, there are very few paths. That is the place where you can feel yourself uniting with the nature.

Our ranger will choose and fix the route of the day depending on the weather, your physically preparation and other factors.

Lunch at the reserve.

Departure from Stolby back to Krasnoyarsk railway station.

Boarding the night train Krasnoyarsk-Abakan №124 (tickets*).

- Accommodation on train board
- Breakfast, lunch at the reserve
- 10 km by car, 15 km on foot
- Train tickets are not included. Dinner is not provided

Day 3. Your way to Ergaki

Arrival to **Abakan** – the capital city of Khakassia republic.



After the breakfast in a café the group will have a short excursion around the city.

Then the tourists go to **Shushenskoye village.** The excursion to the ethnographical museum Shushenskoye will bring you to the real Siberian village of 19-20th centuries.

After that the way to Ergaki natural park. The route goes through the Western Sayan Mountains, beyond which, as people used to believe, lies the edge of the world. The edge is not the edge, but the landscapes are stunning, it is impossible to take your eyes off the bus windows.

Arriving to the starting point (visitor center of the Ergaki Park), changing dress, the luggage will be delivered to the cloak-room. Put to your backpack only the most necessary things for the four-days-hiking, in the camp you will be provided by a tent, sleeping bags and mats.

The hiking along a path in mountainous taiga, 4 km uphill to **the lake Raduzhnoe.**

Arriving to the camping, accommodation in camps for 2 or 4 people, dinner. Night campfire.

The camp is located in a cedar forest on the shores of the amazing by its beauty lake Svetloe. The clean mountain air is filled with the aroma of pine needles and grass. This is the untouched kingdom of peace and quiet.

The camp is equipped with a kitchen, dining room, wooden bath, tents, toilets, garden common tent to gather at the night camp fire, a wooden house with a stove for drying clothes and shoes, volleyball court, swing set, medical tent, a batteries recharge generator.

Overnight in tents

Breakfast at the cafe, lunch at the museum, dinner at the camp

KM 250 km by bus, 4 km on foot

Day 4. Ergaki

Waking up, morning toilette. Morning exercise. Breakfast, preparing for trekking.



Excurcion: Shumni Waterfall – Raduzhnoye Lake – Tears of Sayan Waterfall –Promezhutochny Pass (1A) – Oreshek Rock – Hanging Stone Rock – Hanging Stone Pass (n/c) – Raduzhnoye Lake.

Dinner.

Banya (Russian sauna).

Sitting around campfire singing, cinema.

Accommodation in the tent camp

Breakfast, lunch, dinner at the tent camp

Distance of the day depends on chosen route - about 10-20 km on foot

Day 5. Ergaki

Brand new morning, brand new day and brand new experience.



The daily route is set by the instructor.

Waking up, morning toilette. Morning exercising. Breakfast, preparing for trekking.

Excursion: **Raduzhnoe** Lake **– Sleeping Sayan** pass **(Volosy 2, n/k) – Tayozhny Glaz** Lake **– Lazurnoe** Lake **– Sleeping Sayan** pass **(Volosy 1, 1A) – Raduzhnoe .**

Dinner.

Campfire, songs on guitar, games.

- Accommodation in the tent camp
- Breakfast, lunch, dinner at the tent camp
- Distance of the day depends on chosen route - about 10-20 km on foot

Day 6. Tuva Republic

After breakfast the group says goodbye to the national park and promise to return back some day. The back way on foot (8 km, about 4 hours). The bus meets the group, tourists get their luggage, change clothes and continue the program. Group will make a stop at a watching place on the border of Krasnoyarsk region and Tuva from where you can see the fascinating republic.



Lunch.

City tour of **Kyzyl** - the capital of Tuva Republic.

Visit to the **Geographical Center of Asia**. Walk along the **Yenisei River** embankment. Accommodation at the 3* hotel, rest.

- Accommodation in the 3* Buyan Badyrgy Hotel
- Breakfast and lunch at the tent camp, dinner at the hotel
- 210 km by car, 4 km on foot

Day 7. The Center of Asia

Continuation of getting acquainted with Kyzyl.



Visit to the largest **Buddhist temple** in Russia **"Thubten Shedrub Ling"**, where you can hear the sermon of a real lama. Visit to the drum of wishes. Visit to the National Museum of Tuva (excursion to the exhibition "Scythian gold"). After lunch, the group leaves in a southern direction. On the way, a stop at a mineral spring.

Then we go to the **Dus-Khol Lake** (Svatikovo). People come here to admire the “desert zone” in miniature and lie on the hot sand. OLake is known as therapeutic. Swimming and mud bathing. Each tourist could tell that healing properties of the lake is higher than ones of the Dead Sea in Israel. Diving in the lake is difficult - the water is so dense that it pushes out the body. The deeper you go, the warmer the water and the mud in the bottom layer.

Swimming, taking mud baths. Return to Kyzyl.

Dinner of **Tuva national cuisine.**

- Accommodation at the Buyan Badyrgy Hotel 3*
- Breakfast at the hotel, lunch and dinner at a restaurant
- 150 km by car
- Not included

Day 8. Following the path of nomads

During this day the group will follow the path of the nomads in order to cross Tuva from the east to the west and to reach Khakassia.



There will be a short stop near **Khairykan mountain**. In 1992 this mountain was chosen as an energetically powerful place and was consecrated by the **14th Dalai-Lama**. Local shamans come here once a year to renew their energy, to strengthen and to cleanse their spirit.

Picnic on the grass.

Walk, rest.

On the way you will see the center of Buddhist culture of Tuva – the restored **Ustuu-Khuree temple**. The temple became the crowning achievement of Buddhist construction in Tuva. There was nothing like it not only in Tuva, but also in the entire territory of the former Soviet Union. In 1930, after the adoption of a special resolution, Ustuu-Khuree was closed, and in 1937 – destroyed. In 1999, the Russian government, recognizing the historical and architectural value of the unique Ustuu-Khuree temple, decided to restore it. In July 2012, during the celebration of the music festival of the same name, the Ustuu-Khuree monastery was officially opened.

Khakassia Republic starts on the Sayan pass, on the height of 2214 meters. The next day will be spent in the camp "**Snow Leopard**" surrounded by mountains and fabulous cedar taiga.

Dinner.

After dinner, you will meet the **Snow Leopard** instructors - amazing people in love with nature, taiga, who know all the surrounding paths, and understand the healing properties of herbs. The rest of the evening will be filled with songs to the guitar and heartfelt conversations until late at night. Accommodation in wooden cedar houses with stove heating.

Accommodation in the camp Snow Leopard

Breakfast at the yurt camp, lunch picnic, dinner at the camp

KM 440 km by car

Day 9. Taiga happiness

The tourists will go a **mountain lake Marankul.**

During the hike, tourists will walk along the suspension bridge of Love. The suspension bridge goes over the high-mountain river Bolshoy On. The river Bolshoy On flows swiftly, overcoming rapids and riffles, among the centuries-old cedar taiga. Local tradition - a spouse or loved one must carry his beloved in his arms across the bridge of Love over the waters of the mountain river.



Lake Marankul is a relict lake with crystal clear water, located in the highlands of the Western Sayan, the water temperature does not exceed 16ºC.

These taiga corners will reveal their secrets and give you wonderful moments.

If you go on a trip in the second half of summer, you can do what ancient people did - gather. True, it is not difficult here. The taiga is so generous that you do not have to look for mushrooms and berries, everything grows literally under your feet. And you will probably try pine nuts. Siberian cedar is a unique tree. Those cedars, surrounded by which you will find

yourself, have survived more than one century, fed dozens, if not hundreds of generations of taiga inhabitants. Taiga gives a different sense of time and a feeling of unity with nature, which you will want to experience more than once.

Clean taiga air is good for your health, but the true panacea is a **Russian banya**. In the evening, you will enjoy a steam room with pine and birch brooms, an ice-cold plunge pool in a taiga river, and the taste of herbal tea.

The end of this day is a star-studded sky.

- Accommodation in the camp Snow Leopard
- Breakfast and dinner at the camp, lunch picnic
- 16-20 km on foot

Day 10. Archaeological heritage of Khakassia

Breakfast, farewell to “Snow Leopard” and the taiga. Departure to the Abakan.



Visiting the stele Khurtuyakh tas - "stone mother", as locals like to call it, tourists will have the opportunity to get acquainted with the life of the Khakass people in the late 19th - early 20th centuries. After lunch, a short sightseeing tour of Abakan. In the Khakass National Museum of Local History, you will see a unique collection of stone sculptures - echoes of ancient cults and beliefs. It is believed that many of these sculptures have not lost their power to this day.

The main program is over. Boarding the **train 124 to Krasnoyarsk** or **067 to Moscow** (compartment or reserved seat, paid additionally). Moreover, you can stay overnight in Abakan and in the morning fly to Moscow.

- Breakfast at the tourist center, lunch and dinner at the cafe of Abakan
- 300 km by car
- * Train tickets and hotel reservation are not included

Day 11. Departure

Arrival at the Krasnoyarsk railway station, departure from the tour.



Individual transfer to the airport is ordered additionally. We recommend taking return tickets for flights departing no earlier than **9 am**.

- Not included