

On the shores of the mighty Yenisei

Day 1.

The tourists' arrival, meeting at the airport or bus terminal of <u>Kyzyl</u> between 09:00 and 16:00.



There are direct flights from Novosibirsk, Krasnoyarsk and Irkutsk / you can take flight Moscow-Abakan and then shared taxi Abakan-Kyzyl (400 km).

Transfer to the <u>yurt camp Biy-Khem</u>. Yurt camp Biy-Khem includes 12 real thick felt yurts built by Tuvans specially for tourists.

Free time, rest, those who wish can walk through the outskirts and go up the nearest hill to watch the whole Biy-Khem valley. Evening bonfire.

After the dinner with Tuvan dishes you will attend a real Tuvan tea ceremony. During the ceremony you will hear a story about cooking national Tuvan tea with milk and salt, you will learn about the history of tea in Tuva, about tea legends and parables. You'll feel the taste of the rich culture, feel the wonderful land of steppes and open spaces of Tuva.



Accommodation at the yurt camp Biy-Khem



Dinner at the yurt camp



25 km by bus



Breakfast and lunch for extra charge

Day 2.

The place of this day is <u>Kyzyl</u>, the capital of Tuva. This city is situated in the place where the Biy-Khem (the Big Yenisei) and the Kaa-Khem (the Small Yenisei) unite their waters and give a life to the great river <u>Yenisei</u>. The first sight to visit here is <u>the Geographical Centre of Asia</u>.



The next place of visiting is the Buddhist temple and Drum of Wishes.

The group will visit the National Museum of Tuva (exhibition Scythian gold) and see unique archaeological finds of different epochs.

Buddhism in Tuva exists in harmony with shaman beliefs. So after the Buddhist temple we will go to a <u>Shaman community</u> where you can pay and ask about your health and future, get information about shamanism secrets*.

Visit local handicraftsmen who will share the secrets of making shamanic drums, yurts, utensils, jewelry.

A short master-class of Tuvan throat-singing.

Free time in Kyzyl, visit a local market. Departure to a healing mineral spring.

Return to the yurt camp.

In the evening you will see a bewitching show: <u>shamans' kamlaniye</u>*. Kamlaniye is a magical communication between shamans and spirits. During this ritual the shamans dance around fire, sing and beat a drum. Kamlaniye will leave a long lasting impression, nobody remains indifferent after this ritual. There the shamans will tell you about their traditions, rituals and abilities. After that you will get an opportunity to ask them about your future, your health and experience the ritual of purification*.



Accommodation at the yurt camp Biy-Khem



Breakfast and dinner in the yurt camp, lunch in a restaurant



70 km by bus



For extra charge

Day 3.

Transfer to Kyzyl airport or to the bus terminal.





Breakfast in the yurt camp



25 km by bus