

Legends of Todzha basin and Azas lake

Day 1.

Arrival to [Kyzyl](#). Meeting point is the airport or bus terminal of Kyzyl. Transfer to the [yurt camp Biy-Khem](#), free time, rest.



After lunch excursion to Kyzyl, the capital of [Tuva](#). Visit the [geographical centre of Asia](#), [Buddhist Temple](#), [Drum of wishes](#).

Visit to local craftsmen, who will share their secrets of creating national Tuvan instruments, shaman tambourine or jewelry.

Excursion in the [National Museum of Tuva](#) (exposition of Scythian gold).

Trip to a mineral spring.

Return to the yurt camp. Dinner with [Tuvan national cuisine](#).

After dinner, there can be organized the performance of traditional throat singing [khoomei](#)* - a fantastical capability of the Tuvan people (and some other Siberian nationalities) to emit simultaneously two or three sounds of different tone and to sustain the same sound for 25-30 seconds without taking a breath. If you close your eyes it is hard to believe that the sounds are emitted by a person and not by a musical instrument.



Accommodation at the yurt camp Biy-Khem



Lunch and dinner at the camp



60 km by bus

✱ For extra charge

Day 2.

Check-out from the yurts, you can leave your belongings in a cloak room.



Trip to Todzha basin, which is 800-840 m above sea level.

The way goes through a regional centre Toora-Khem.

Todzha kozhuun – one of the biggest administrative regions of Tuva Republic. At the same time it is one of the least populated ones: on the territory of the kozhuun with the area of 40 thousand square km, in 6 settlements there are less than 7 thousand people. In the region there are no industrial facilities, but there are traditional kinds of nature management: reindeer breeding, cattle breeding, fishing, hunting, forestry-based management.

The settlement Toora-Khem was founded by Russian old believers in 1833. Their descendants had lived on the left bank of the Biy-Khem (the Big Yenissei) river, but with the course of time moved to the Small Yenissei, to Nadral, Sizim, Uzhep and Erzhey. Here lived the descendants of Mozgalevskiy Nickolay Osipovich, a Decembrist. They built the first wooden school and hospital. One of the nearest streams is named after them.

On the way the group will cross the Biy-Khem river on a ferry boat.

By the evening arrival to Azas lake, accommodation at the camp "Azas" in wooden houses. Wooden shared WC. Banya for extra charge. There is a dining room. No mobile connection, but there is Wi-Fi.



Accommodation at the camp



Breakfast in the yurt camp, lunch packed, dinner at the camp



320 km by UAZ (field road)

Day 3.

After breakfast the travelers will rest at the lake – walking in the nearby places, swimming.



Azas lake (or Todzha lake) is 20 km long and 5 km wide. The water in the lake is transparent, that is why it is very clean. In summer it is warmed up to 26°C and rich with phytoplankton. At the end of July it is covered with white water lilies. The shores of the lake are not high, there are such trees as larch, cedar, fir-tree and birch. It has always been considered sacred. In this lake in Tuva there were first found ceramics and silicic tools of the late Stone Age.

The banks and islands are full of different berries, wild animals and birds. There are 9 islands in Azas lake. All the beauty, richness and variety of flora world of Todzha is concentrated on the smallest island – Kuba. It is possible to go fishing, the lake is full of pike, bass and cisco. Lunch – fish soup or fried fish.



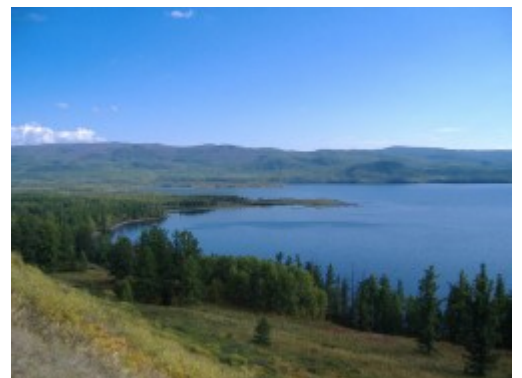
Accommodation at the camp



Breakfast, lunch, dinner at camp

Day 4.

The travelers will have a walking trip this day to Naagan-Khol lake (Green lake). In the water there is a dissolved mineral which covers the bottom of the lake with a thin layer. The mud of a green colour helps to cure articulate disease. The travelers will visit a mineral spring and enjoy a mud bath. Going back to Azas lake on foot.



Accommodation at the camp



Breakfast, lunch and dinner at the camp



6 km on foot

Day 5.

After breakfast return to Kyzyl. By the evening arrival to the yurt camp Biy-Khem.



Dinner, free time, it is possible to climb a mountain and see the whole valley of Biy-Khem, evening fire. In the evening [shaman's kamlaniye](#)* mystic performance. It is a talk with spirits in the light of a bonfire. It's the rarest thing when a whole company of shamans act together! For one it would be a rite of clearing and meditation, or you can just make a wish that will come true for sure!



Accommodation at the yurt camp Biy-Khem



Breakfast at the camp, lunch packed, dinner in the yurt camp



320 km by UAZ (field road)



For extra charge

Day 6.

Transfer to Kyzyl, end of programme.



Breakfast in the yurt camp



25 km by bus