



The Winter Tale of Altai

Day 1. National museum of the Altai Republic

Morning arrival in <u>Barnaul</u>. Meeting at the airport.



Excursion around the central and historical parts of Barnaul.

After that we moving to the pearl of the Gornyi Altai - Teletskoye lake.

The lake occupies the fifth place in Russia among the deepest (325 m) lakes of our country. The length of the lake is 78 km, maximum width up to 5 km, and its area is relatively small - 223 km2, but thanks to a great depth in it contains a huge amount (40 km3) excellent fresh water, oxygen-rich, transparent to a depth of 12-15 meters.

On the way make a stop at home of <u>Vasily Shukshin</u>, known Altai writer, actor, director, in the village of Srostki. In <u>Gorno-Altaysk</u> you will visit the <u>National Museum</u>, A. V. Anokhin by name, with one of its main exhibits – the mummy "Altai Princess" found on the Ukok Plateau.

Arrival on the lake Teletskoye, accommodation at Artybash hotel.



Accommodation at Artybash hotel



Breakfast and lunch in a cafe, dinner in the hotel



430 km by bus

Day 2. Zaimka Kono - Silver spring

Today enjoy a trip by snowmobiles / ATV guad bikes to a hunting-house Zaimka Kono!

Accompanied by an instructor, for 2 persons on a snowmobile / ATV, you move out of the old forest roads to the cozy, covered with heat and light cedar lodge. A family of taiga inhabitants lives nearby, surrounded by a fairy forest. Family members affect their health and good spirits. At the lodge you will be served with hot tea.



After the tour, we will return to the hotel.

At the request of the group in the afternoon walking tour (2 km) to the Silver Spring. Silver Spring has been known for a long time. In 1839 it was consecrated by the Reverend Makarios Nevsky, the founder of the Orthodox Mission in Altai. The water is enriched with silver ions, and has health properties. Near the spring grows an extremely powerful 500-year-old cedar, that willingly shares his power with anyone who tries to inarm its powerful body, but in order to cover the whole body of the tree you need at least 4 people.

After dinner, to your service, Russian banya (sauna) with a rest room.



Accommodation at Artybash hotel



Breakfast, lunch, dinner at the camp



30 km by snowmobiles and 2 km on foot

Day 3. Ski complex Manzherok

Moving to the valley of Katun River.



On the way of our trip we will stop in the village Manzherok where you visit the lake with the same name and local <u>ski-resort</u>. Walk by cableway on the Sinukha mount. From the top of

the hill you can see a beautiful view of the valley Katun and the lake Manzherok. Tourists who want skiing, snowboarding or to use the snow tube on the local tracks may try it for an extra charge*.

Arrival in Uznezya village, accommodation on the hotel Salut in the comfortable double rooms.



Accommodation at hotel Salut



Breakfast at hotel, lunch in a cafe, dinner in the camp



240 km by bus



For extra charge

Day 4. Chemal- Blue lakes

At the first part of the day we organize the excursion Chemal walk.



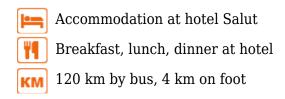
During the tour we will visit Chemal Hydroelectric power which is located in the southern part of the village. Hydroelectric power is one of the first in the region, built in 1935. Then we go on the "goat trail" along the <u>river Katun</u> and appear on the rocky <u>Patmos island</u>. On the Patmos Island we can visit little church of the female monastery. The island is connected with the shore of the river with the help of suspension bridge. Next to the temple in the rock is carved image of the Virgin and Child.

Return to the tourist complex.

In the afternoon departure to the Blue lakes.

Lakes are fickle (disappear during the flood of the river), they are formed as a result of the recession of water level in the <u>river Katun</u>. In winter the lake is not nipped by the frost, the water temperature is $\sim +9$ C. At the bottom of lakes beat unusually powerful springs. No warm springs, keys are cold! But they give so much water that the lake does not freeze at -40 C. The bravest can go swimming.

Return to the village Uznezya.



Day 5. Chuysky tract

Moving along the ancient trade route - <u>Chuysky tract</u>.



On the way we will overcome two passes: the highest point <u>Seminskii pass</u> (1739 m above the sea level) and the picturesque serpentine type <u>Chiket-Aman pass</u> (1295 m above sea level), we will see the ancient tombs of the Turks, and stone women who protect, have lunch in the cafeteria Chui-Oozy, where we can try traditional Altai cuisine.

On the way visit the <u>Kalbak-Tash</u>, big natural complex with rock paintings – petroglyphs. On a rocky hill, located across the river valley Chuya, applied more than 500 compositions, with more than 5000 drawings. Drawings made with stone or metal tools mainly point technique.

Arrive to Aktash, accommodation at hotel Rasul.



Accommodation at hotel Rasul



Breakfast, lunch, dinner



240 km by bus

Day 6. Ulagan district-Spring lake-North Chuya ridge

After breakfast, a tour around Ulagansky District of the Republic of Altai.



Along the way we are making a short hiking to the picturesque **Geyser lake**. The lake is the only one of its kind in the Altai - a rare beauty, clean and non-freezing even in winter, wonderful turquoise color. In the mirror of the lake can be seen divorces of rounds or ovals shape, which is essentially a reflection of the processes taking place in the bottom of the lake. There, in the mysterious depths, from time to time come to life "geysers", throwing on the surface of a mixture of bluish clay and sand that form visible concentric circles at the bottom.

We pass a natural monument **Red Gates**, a place where the road passes to narrow between two rocks a reddish tint, then reach the lakes Chëybekkol (Dead) and Uzunkël (Live), filled with plenty of fish.

The last point is Chuysky Tract towards the Mongolian border.

Lunch in Aktash village.

From a vast intermountain basin a magnificent view is opened on the top of the North-Chuisky ridge, on the highest peaks: Actry-Bash (4075 m) and Karatash (3534 m). Great place for photo and video shooting sunset over the snow-capped peaks of the mountains!

Return to the camp. Russian banya (sauna).



Accommodation at the Rasul hotel



Breakfast, lunch, dinner



300 km by bus, 2 km on foot

Day 7. The spring Arzhan-Suu

Return to Barnaul city.



Next stop is the spring Arzhan-Suu. Water in the spring is full of silver, cooper and other mineral impurities that is why the water is stored for a long time and have a beneficial effect on the improvement of metabolic processes in the body.

A large gift market is located near the source where you can buy maps, books, art articles made of cedar.

Arrival to Barnaul city, accommodation in the Barnaul hotel.

Accommodation in the Barnaul hotel 3*

Breakfast in the camp, lunch in a cafe

610 km by bus

Dinner independent

Day 8. End of the program

Transfer to the airport of Barnaul. The tour is over.





Breakfast buffet in the hotel or packed to the airport



25 km by bus