

Elbrus ascent from the South

Day 1.

Meeting at the airport of Mineralnye Vody at 14:00. Our company representative will await you outside of the arrival hall at the airport. Group transfer to Elbrus region (about 3.5 hours). Check-in at the hotel. Rest.



Meeting with the guide, discussion of the program. Selecting and checking of the personal equipment, preparing for the ascent to Cheget.



Accommodation in a hotel 3* in Terskol village



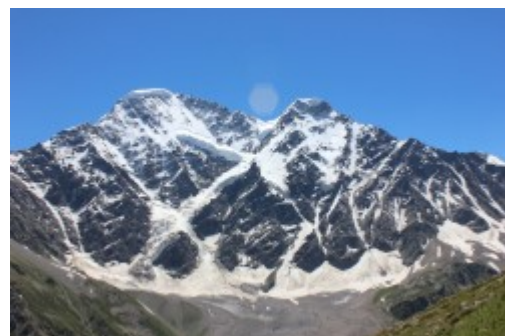
Dinner in hotel



180 km by bus

Day 2.

Access to the mountain Cheget. The ascent by the cableway "Cheget" on two lines to the height of 3000 m. (30 min.) Acclimatization hike to the shoulder of Cheget (3465 m), up (1-2 hours).



There is a wonderful view on Elbrus and the Main Caucasian ridge. The route runs along a

rocky ridge.

A small snack, descend to the second station of the cableway 'Cheget' (40 minutes). The route takes 3-5 hours. Return to the hotel. Briefing with the guide, discussion of the program for the next day, selecting and checking of your personal equipment, preparing to the ascent to the "Diesel hut".



Accommodation in a hotel 3* in Terskol village



Breakfast and dinner in hotel, snack lunch

Day 3.

The ascent by the cableway from Azau glade (2200m) - Station 'Stariy Krugozor' (3000 m) - to the station Mir (3500 m), then by the cableway to the Garabashi station (3700m).



Overnight at the mountain hut (3830 m or 3912 m).

Acclimatization walk for ice lessons to the Shelter 11 (4050 m, 2-3 hours).

Discussion of the program for the next day, selecting and checking of your personal equipment, preparing for outing to the mountainous area and the Pastukhov rocks. Free time.



Accommodation in a mountain hut



Breakfast in hotel, lunch and dinner in hut

Day 4.

Acclimatization hike to Pastukhov rocks (4700 m, 3,5–4 h of climbing, 1-1,5 h of descent). You will have ice- and snow courses.



The final briefing for the ascent. Checking and selecting of your personal equipment, preparing for the ascent.



Accommodation in a mountain hut



Breakfast and dinner in hut, snack lunch

Day 5.

Ascent Mt Elbrus (Western, 5642m).



Summit day. The route is 2A category of difficulty. Early wake-up. You leave the hut about 3 a.m. If you hire a snow-cat (Ratrak) to Pastukhov rocks – you'll be able to leave about 4 a.m.

Duration of ascent is 12 hours (7 to 9 hours of climb and 3 to 5 hours of descent). We put on crampons in the morning, when leaving the high-altitude shelter. The trail to the summit is marked with poles, but you can only go up in good weather! There are a lot of cracks on the glacier covered with snow, so it is better not to go from the trail.

In the summer, the trail is all the way. We should go in crampons! In the summer, ice exits are rarely seen, but there are areas of hard firn. In May and November, the slope to the saddle can have long stretches of pure ice. In this case, the route is accessible to trained athletes. Particularly dangerous is the longest descent (3.5 km at about 30° steep). Overnight stay in the high-altitude hut.



Accommodation in a mountain hut



Breakfast and dinner in hut, lunch snack

Day 6.

The reserve day for the ascent if the weather was bad the previous day.



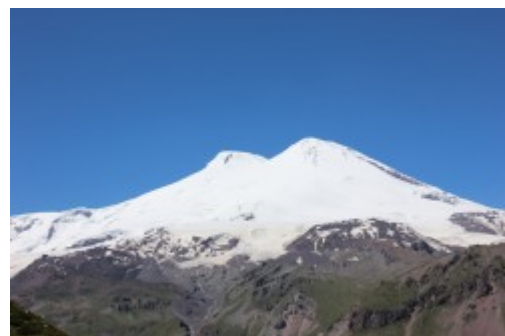
Accommodation in a mountain hut



Breakfast, lunch and dinner in hut

Day 7.

Descent to Azau, transfer to the hotel. Free time.
Awarding of the certificates.



Accommodation in a hotel 3* in Terskol village



Breakfast in hut, lunch in cafe, dinner in hotel

Day 8.

Group transfer to the airport of Mineralnye Vody (3-3,5 h).
End of the program.



Breakfast in hotel



180 km by bus