INCOMING TOUR OPERATOR
IN SIBERIA

SIBIRIA
SAYAN RING
САЯНСКОЕ КОЛЬЦО

# Tour to the festival Naadym

## Day 1.

The tourists' arrival, meeting at the airport or bus terminal of Kyzyl between 13:00 and 17:00 (shared taxi from Abakan/public bus from Krasnoyarsk).



Transfer to the yurt camp Biy-Khem. Free time, rest, those who wish can walk through the outskirts and go up the nearest hill to watch the whole Biy-Khem valley. Evening bonfire.

Accommodayion at the yurt camp Biy-Khem

Lunch and dinner at the yurt camp

23 km by bus

## Day 2.

The place of this day is Kyzyl, the capital of Tuva. This city is situated in the place where the Biy-Khem (the Big Yenisei) and the Kaa-Khem (the Small Yenisei) unite their waters and give a life to the great river Yenisei. The first sight to visit here is the Geographical Centre of Asia.



The next place of visiting is the Buddhist temple and Drum of Wishes.

The group will visit the National Museum of Tuva (exhibition Scythian gold) and see unique archaeological finds of different epochs.

Buddhism in Tuva exists in harmony with shaman beliefs. So after the Buddhist temple we will go to a Shaman community where you can pay and ask about your health and future, get information about shamanism secrets*.

Visit local handicraftsmen who will share the secrets of making shamanic drums, yurts, utensils, jewelry.

Free time in Kyzyl, visit a local market. Departure to a healing mineral spring.

Dinner with traditional dishes of Tuvan cuisine including meat and dairy products will be cooked specially for the guests on returning back to the yurt camp.

accommodation at the yurt camp Biy-Khem

Breakfast and dinner at the yurt camp, lunch in a restaurant

70 km by bus

## Day 3.

The day of Naadym festival. The itinerary is not fixed yet.



The programme starts with the **opening of a yurt town**. To take part in the best yurt contest, people bring their yurts from different regions, which don't look the same, there are even birch bark yurts. Then there is an **awards ceremony of champions in stock-breeding** and best workers in agriculture. **Horse race** competitions, the best **horse-equipping** contest, **archery** and **stone lifting** competitions. Stock-breeders bring their best horses.

The main event of the holiday is **national Tuvan fighting Huresh competitions**. Apart from that you can enjoy the mastery of **throat singing khoomei performers**, **horse and camel races**, see the richness of national dresses, get acquainted with the original culture, language, traditions, cuisine.

In the centre of Kyzyl there will be a parade, dedicated to the **Day of Republic** and republican holiday of stock-breeders. Also this day Mongolian national fighting ‘barildaa’ competitions continue at stadium Huresh.

At the same time you can visit an international festival of thick felt **Patterns of Life on thick felt** at Arata square in the capital of Tuva. During this festival there will be organized a trade fair of yurts and handicraft products (original gifts, authorial decorations, hand-made clothes and accessories, musical instruments etc.). There will also be the following master-classes: thick felt, souvenir drawing, ways of original decorations making.

- Accommodayion at the yurt camp Biy-Khem
- Breakfast and dinner at the yurt camp
- 60 km by bus
- Lunch independent

## Day 4.

The group travels to the lake Dus-khol (Svatikovo). Healing features of this lake are much stronger then features of The Dead Sea. It is very hard to dive in the lake because there is too much salt in it. And there is another amazing quality of the lake the temperature of the bottom is about 16°C higher than in the top.



Swimming, sunbathing, taking mineral mud’s baths

Picnic on the bank of the lake.

Free time in Kyzyl.

- Accommodayion at the yurt camp Biy-Khem
- Breakfast and dinner at the yurt camp, packed lunch
- 140 km by bus

## Day 5.

Day spent in Kyzyl.



Celebration of khoomei day. The itinerary is not fixed yet.

It’s a special kind of singing typical for Tuvan people and some other peoples of Siberia. Deep-throat singing is an extraordinary ability to produce several sounds at once on different levels and keep them singing up to 30 seconds. If you don’t see the singer, it’s quite complicated to imagine that these sounds are produced by men, not by musical instruments!

- Accommodayion at the yurt camp Biy-Khem
- Breakfast and dinner at the yurt camp
- 50 km by bus
- Lunch independent

## Day 6.

The tour's finish, transfer to Kyzyl.



Departure from Kyzyl by flight or to Abakan by shared taxi.

- Breakfast at the yurt camp
- 23 km by bus