INCOMING TOUR OPERATOR
IN SIBERIA

SIBIRIA
SAYAN RING
САЯНСКОЕ КОЛЬЦО

Natural tour «Legends of Tore-Khol Lake»

Day 1. Meeting Tuva

The tourists' arrival, meeting at the airport or bus terminal of Kyzyl between 09:00 and 16:00.



There are direct flights from Novosibirsk, Krasnoyarsk and Irkutsk / you can take flight Moscow-Abakan and then shared taxi Abakan-Kyzyl (400 km).

Transfer to the yurt camp Biy-Khem.

Free time, rest, those who wish can walk through the outskirts and go up the nearest hill to watch the whole Biy-Khem valley. Evening bonfire.

- Accommodation at the yurt camp Biy-Khem
- Lunch, dinner at the yurt camp
- KM 25 km by bus
- * For extra charge a throat-singing concert

Day 2. Mixed cultures

The place of this day is Kyzyl, the capital of Tuva. This city is situated in the place where the Biy-Khem (the Big Yenisei) and the Kaa-Khem (the Small Yenisei) unite their waters and give a life to the great river Yenisei. The first sight to visit here is the Geographical Centre of Asia.



The next place of visiting is the Buddhist temple and Drum of Wishes.

The group will visit the National Museum of Tuva (exhibition Scythian gold) and see unique archaeological finds of different epochs.

Buddhism in Tuva exists in harmony with shaman beliefs. So after the Buddhist temple we will go to a Shaman community where you can pay and ask about your health and future, get information about shamanism secrets*.

Visit local handicraftsmen who will share the secrets of making shamanic drums, yurts, utensils, jewelry.

Free time in Kyzyl, visit a local market. Departure to a healing mineral spring.

Dinner with traditional dishes of Tuvan cuisine including meat and dairy products will be cooked specially for the guests on returning back to the yurt camp.

- Accommodation at the yurt camp Biy-Khem
- Breakfast and dinner at the yurt camp, lunch in a restaurant
- KM 50 km by bus
- * For extra charge a kamlaniye ritual

Day 3. A road to the lake

Early morning departure to the south, to the Tore-Khol lake, one of the most beautiful, but at the same time remote lakes in Tuva.



Sand shores and clean water are waiting for you. The way to the lake goes across the Ubsunur Hollow. This is one of the unique places of Inner Asia, where the nature has created a kind of “landscape parade” here. During one day the tourists will have an opportunity to see sand deserts, steppe with high grass and a forest-steppe. There are dry tundras with marshes and forests on the mountain peaks turning into eternal snow on the mountain Turgen-Ula. In the Ubsunur Hollow you will see the northernmost deserts in the world as well as southernmost tundras laying between mountains.

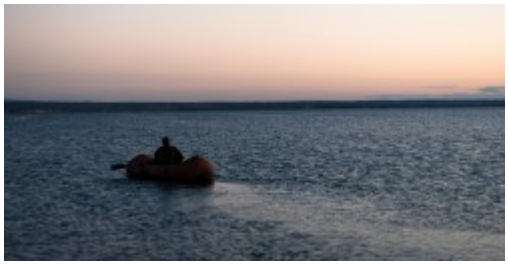
Arrival to the lake, accommodation in a tent camp. Swimming in the lake, evening bonfire.

Accommodation in tents

Breakfast in the yurt camp, lunch packed, dinner on the fire

250 km by bus

Day 4. Day at the lakeside



Day at the lakeside, swimming, walking, rest. The Tore-Khol lake is unique because it is the only fresh trans-border lake in Ubsunur Hollow – it is a real pearl of sands. Tore-Khol is an oligotrophic lake and is the most unproductive of all the lakes of Ubsunur Hollow, it contains comparatively inconsiderable percentage of oranogens and bacterias. That is why the lake is so pure, clean and transparent, it is also rich with oxygen. The lake water area’s square is approximately 100km^2, attitude elevation – 148m. in summer upper level of lake’s water are warmed up by the sun. In the middle of August water temperature rises to 21°C with the air temperature of 32°C.

Accommodation in tents

Breakfast, lunch, dinner on fire

Day 5. Meeting the nomads

After breakfast the group will go to the river Tes. There is a yurt of a nomadic family standing on the river bank. Tourists will meet a nomad and his family. Acquaintance with a Tuvan family leaves a strong impression and can change your outlook.



Rest, swimming.

- Accommodation in tents
- Breakfast, lunch, dinner on fire
- 55 km by bus

Day 6.

The group will visit Kezhege mountain. This mountain awes local people, drivers try to drive carefully not to destroy any little bush or other plant because they believe the spirits will get cross. Kezhege is a spiritual ancestral mountain which has a shape of a circle, in the centre of the circle there is a stream. There is only one narrow crevice where a man can hardly shove along separates this circle. Inside the circle there are several stone altars with porcelain figures and items of Buddhist culture.



Return to Kyzyl and to the yurt camp.

- Accommodation at the yurt camp Biy-Khem
- Breakfast on fire, lunch packed, dinner at the yurt camp
- 300 km by bus
- * For extra charge a Tuvan tea ceremony

Day 7. Departure

Transfer from the yurt camp to the airport of bus terminal of Kyzyl.



Departure from Kyzyl by flight or to Abakan by shared taxi.

Breakfast at the yurt camp

KM 25 km by bus